Review Prior to Simulation Session:

The Mini-Cog Assessment Instrument for Dementia
The Geriatric Depression Scale (GDS)
The Modified Caregiver Strain Index (CSI)
Clinical Practice Guideline: Thought Process, Alterations In
*International Journal of Nursing Practice, 11, 118-124.*

Client Case History:

Mrs. Jones is a 69 yr old widow, retired department store manager. Ellen’s daughter, Cindy (45), is concerned about mom's memory problems. She has gotten her mother to agree to have a RN Case Manager come over for an evaluation. Ellen was already seen by her PCP, who ruled out any physiologic reasons for Ellen’s memory problems. Mrs. Jones is physiologically stable. Ellen’s son, Simon (48), lives nearby. He is a middle school teacher with two teenage children. He is currently going through a difficult divorce, and does not spend much time with Ellen.

Past Medical History:

hypertension

Allergies: NKDA

Height: 5’4”

Weight: 140

Meds: Diovan HCT, ASA 81 mg

VS: BP HR RR T SpO2

Labs:

Orders:

Diovan HCT 160/12.5 mg po daily
ASA 81 mg po daily
Initial visit, RN case manager

*Rita Ladner, MD*