Review Prior to Simulation Session:

Clinical Practice Guideline:  Prenatal Patient
Smith et al. (2006). The Infant Development, Environment, and Lifestyle Study: Effects of Prenatal Methamphetamine Exposure, Polydrug Exposure, and Poverty on Intrauterine Growth. Pediatrics, 18(3) 1149-1156. (scan article, focus on discussion and conclusions)

Client Case History:
Destiny is an 18-year-old arrested yesterday for prostitution when she solicited an undercover police officer. She had apparently just been in a fight and may have suffered some trauma. On her intake questionnaire (with the corrections officer), she indicated that she is pregnant and has used methamphetamine. She was just transferred here to the antepartum unit when she told them she had some abdominal cramping. Destiny completed junior year of high school, and dropped out at that point. Destiny has not had insurance coverage and her nutrition has been poor.

Past Medical History:
Pt. is Gravida 2, Para 0010. (elective AB 1 year ago at 10 weeks.)

Allergies: None known
Height: 5'7"
Weight: 53.5kg (118#)
Meds: None

VS: BP 122/78  HR 92  RR 18  T 37  SpO₂

Labs: Urine pregnancy screen positive

Orders:
None at present
(Standing orders include starting peripheral IV line and obtaining labs: UA, CBC, BMP, and quantitative HCG)